

A SAFE RETURN TO CLINIC!

Thank you all for your enquiries about when I am reopening. I am delighted to announce that I will reopen on Monday 22nd June 2020.

Health & Safety is an absolute priority at this time and a number of changes have been made at the clinic:

Patients attending:

- There will be pre-screening protocols carried out 24 hours before you attend the clinic to ensure that you are fit and well. This will be by text and/or email the day before.
- High risk patients – I will still be seeing all patients. However if you are high risk (pregnant, elderly, chronic health issues) then I ask that you are extra vigilant in your pre-treatment self-assessment of symptoms.
- Masks – I would ask you to attend clinic wearing a mask.
- I will greet you at the door with a hand sanitising gel before you proceed to the clinic.
- A contact tracing log will be completed each day and your temperature will be noted.
- It will be necessary for you to fill in a pre-treatment health – screening form.
- Treatment spacing – I will be spacing treatments out, allowing 15 minutes between treatments, to ensure you don't encounter anyone on arrival. Please only bring yourself to your appointment and ring the front door bell, I will accompany you to the clinic.
- Please do not arrive early. For safety we won't be using the waiting area, you will be brought directly into the clinic.
- Payments & receipts – please bring the correct amount in an envelope. Receipts will be emailed to you after the treatment session.
- Please demonstrate the correct cough and sneezing etiquette – i.e. into the elbow.

The Treatment Room:

- Soft Furnishings – All soft furnishings in clinic are now disposable, single use or wipeable to ensure all items/surfaces can be disinfected between treatments.
- Sanitising hand gel is readily available and will be used before and after each treatment
- Disposable couch roll.
- Single use hand towel.
- All flat surfaces and contact areas in the clinic room will be wiped down with disinfectant in between clients.
- The chairs are spaced well apart in the treatment room and I will be wearing a mask which will be changed after each client.

Please do not attend if:

- *You have a fever, shortness of breath and or cough*
- *You are self- isolating*
- *You have been in contact with someone with symptoms of the virus or awaiting testing results for the virus.*
- *Please stay at home regardless of your travel or contact history or if you have been in contact with someone who has the virus.*